

# 2025 ANNUAL REPORT



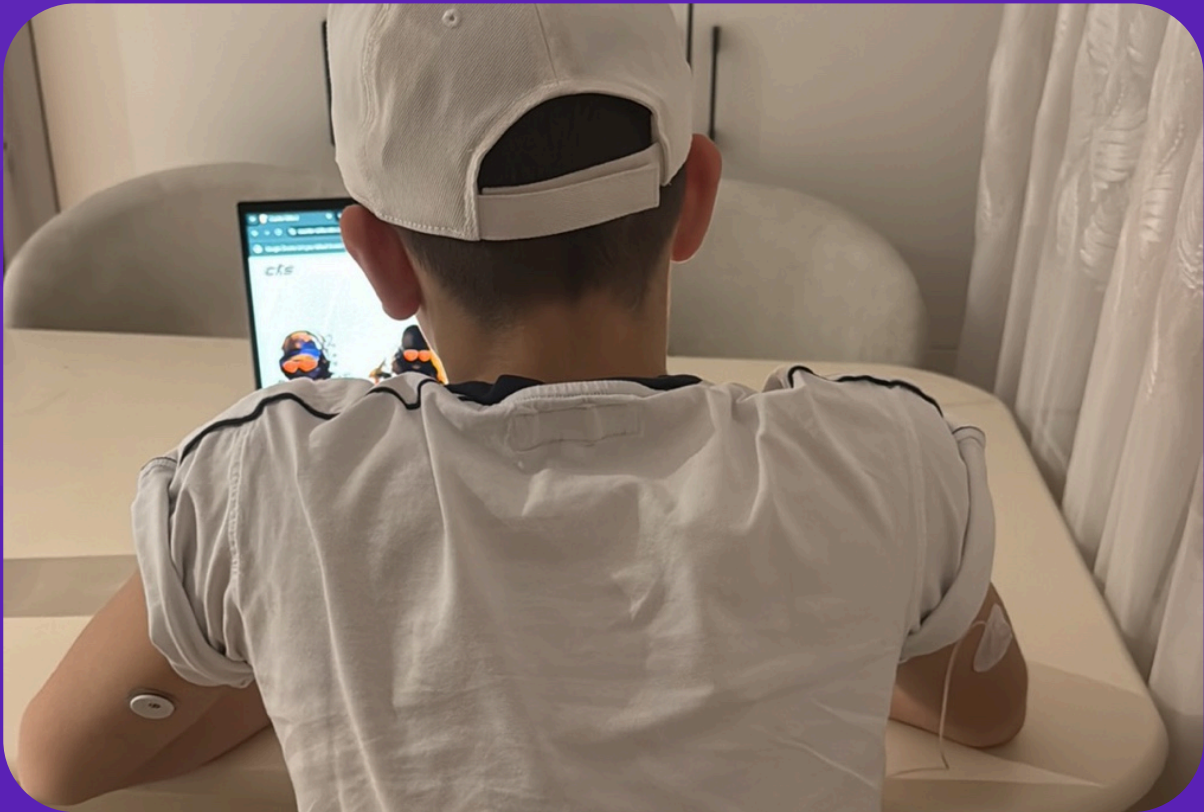
# HOPE DELIVERED

**Siar's insulin pump changed everything.**

Before receiving the donation, managing Type 1 diabetes meant constant finger pricks, injections, monitoring and stress. The pump gave Siar independence and a more normal childhood while bringing his parents hope and peace of mind.

In 2025, Siar was one of 10 children with Type 1 diabetes to receive an insulin pump and two years' worth of essential supplies, made possible because AMC supporters chose to provide this vital care.

His story captures the heart of AMC's mission. From Mothers' Classes to the delivery of lifesaving medical aid, AMC strengthens families and builds healthier systems of care. Behind every program and every contribution is a child whose life is better today because someone chose to help.





# LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends of AMC,

Siar's story is why we do this work. When I met his parents last summer, I was reminded that AMC's real impact lies in transforming lives and shaping healthier futures.

I felt that same sense of purpose when I saw a photo of twins Hana and Dielli on their first day of school, six years after they were born prematurely, struggling to breathe, and received surfactant, a lifesaving treatment delivered by AMC with the support of Americares.

In this report, you will see many numbers. They matter because they reflect scale, reach and accountability. But behind every number is a child like Siar, Hana or Dielli, a mother navigating pregnancy or a healthcare professional better equipped to provide care.

2025 was a year of delivery under pressure. Across Kosovo, uncertainty reshaped the nonprofit landscape. Funding cycles slowed, priorities shifted and many organizations were forced to pause or scale back. AMC made a deliberate choice to protect the programs that directly serve mothers and children, while continuing to strengthen the health system from within.

We continued Mothers' Classes in 18 sites across 17 municipalities, reaching more than 25,000 pregnant women and new parents to date. We trained more than 1,000 healthcare providers to sustain home visits, cervical cancer screening and maternal care. We procured and delivered more than €800,000 in essential medical aid to public hospitals and Main Family Medicine Centers.

None of this would be possible without the dedication of our team, the guidance of our board and the trust of partners and supporters like you.

Thank you for standing with AMC. Together, we are building a stronger, more resilient health system for mothers and children today and for generations to come.

With gratitude and determination,  
Rina Demiri Spahija  
Executive Director



## IMPACT AT A GLANCE

Every number represents a mother, a newborn or a family supported when they needed it most.

**€800,000+**

In medical aid delivered to public hospitals & Main Family Medicine Centers

**35,000+**

home visits conducted to support pregnant women, new parents, infants and toddlers\*

**5,167**

Pregnant women and new parents mentored through Mothers' Classes

**5,044**

children screened for developmental progress\*

**3,819**

Pap tests conducted to promote early detection of cervical cancer and timely treatment\*

**1,000+**

healthcare providers strengthened through training and capacity-building initiatives

**€116,000+**

raised by supporters in Kosovo & the diaspora

\*AMC was an implementing partner and provided technical support for these programs

# STRENGTHENING THE HEALTH SYSTEM

At AMC, we know that lasting improvements in maternal and child health depend on skilled healthcare professionals, strong institutions and consistent standards of care. By working hand-in-hand with local and international partners, we multiply our reach and amplify our impact, ensuring that more families receive quality care.

## Key Capacity-Building Initiatives

In 2025, AMC worked closely with the Ministry of Health to enhance the capacity and skills of doctors, nurses and other healthcare providers in the public system.

In partnership with the United Nations Children's Fund (UNICEF), United Nations Population Fund (UNFPA), Canada Fund for Local Initiatives (CFLI), European Bank for Reconstruction and Development (EBRD), Kosovo Doctors Chamber (KDC) and the Office of the President, AMC delivered targeted training sessions that strengthened professional development and improved maternal, child and reproductive healthcare services nationwide.



## AMC & UNICEF

- 438 doctors and nurses trained on antenatal and postnatal clinical guidelines
- 628 doctors, nurses and care workers trained under the Home Visiting Programme
- 278 nurses and midwives trained in Group Care for Parenting
- 293 primary healthcare practitioners trained on the Guide for Monitoring Child Development

## AMC & UNFPA

103 doctors and nurses trained in one or more of the following: adolescent health, family planning, gender-based violence reporting, sexual and reproductive health of people with disabilities, medical ethics and patient rights.

## AMC & CFLI

38 healthcare workers trained at 18 Main Family Medicine Centers on STI prevention

## AMC & EBRD

25 nurses and midwives trained in women's and infant health to serve in Women's Health Resource Centers (WHRCs)

## AMC & KDC

106 doctors in Prishtina and Fushë Kosovë trained in gender-based violence reporting

## AMC & PRESIDENT'S OFFICE

Five midwives were trained for Mothers' Classes in the Obstetrics & Gynecology Clinic at the University Clinical Center of Kosovo (UCCK)

# ESSENTIAL MEDICINES AND EQUIPMENT

The long-standing relationship between AMC and Americares has had a real impact on the fight to lower the neonatal mortality rate in Kosovo. Working together for more than a decade, we've delivered nearly \$9 million in medical products, including more than 4,100 vials of Survanta, a medication that helps premature babies breathe on their own.

## MEDICAL AID FROM AMERICARES

In 2025, nearly €750,000 in lifesaving medical aid was delivered, including:

- Folic acid, antibiotics and other medications to support healthy pregnancies and treat infections and chronic conditions
- Surfactant medication to help premature infants breathe

*Since its inception, AMC has helped save thousands of newborn lives by ensuring hospitals receive critical medical aid.*



Behare Zeqiri's twin sons were born at 28 weeks and were among the first newborns to benefit from donations of continuous positive airway pressure (CPAP) machines. Last fall, she shared their story at AMC's "Let's Dance" fundraiser:

*"Today, Orgesi and Orgeti are 19 years old, have finished high school and have applied to become part of the police force. We are very proud of them and their journey. Thanks to God and thanks to AMC, today they are healthy – and for me, that is the greatest gift in life."*

**By strengthening hospitals and equipping frontline providers, AMC helps ensure that more newborns survive and thrive.**



# ESSENTIAL MEDICINES AND EQUIPMENT

## AMC & EBRD

Delivered medical equipment to 18 WHRCs in Main Family Medicine Centers, including scales, glucometers, thermometers and blood pressure monitors valued at €2,100.

These contributions have helped strengthen hospitals and frontline providers, enabling them to deliver vital care and improve outcomes for women and children.

## AMC & CYCLE KOSOVO FOR CHILDREN

Raised close to €20,000 to support child and maternal health, including the donation of an incubator and a delivery bed for the Main Family Medicine Center in Drenas

## NEONATAL REFERRAL SERVICE

In December 2024, the Neonatal Referral Service (NRS) was officially launched with support from the Ministry of Health of Kosovo and partners.

In 2025, AMC continued working with stakeholders to operationalize the service, which aims to strengthen neonatal referral and transport systems, ensuring that newborns who require specialized care can be safely and promptly transferred to appropriate health facilities.



# EMPOWERING FAMILIES, STRENGTHENING COMMUNITIES

AMC believes every mother and child deserves access to quality healthcare so they can truly flourish. Through programs we deliver and initiatives we support alongside our partners, we help families access vital services, gain knowledge and feel confident in caring for their children. Together, these efforts create real, lasting change: infants grow stronger, mothers are encouraged and communities can thrive.

## MOTHERS' CLASSES PROGRAM

- 438 doctors and nurses trained on antenatal and postnatal clinical guidelines
- 628 doctors, nurses and care workers trained under the Home Visiting Programme
- 293 primary healthcare practitioners trained on the Guide for Monitoring Child Development
- 278 nurses and midwives trained in Group Care for Parenting



*Luljeta is a nurse and coordinator of Mothers' Classes in the WHRC of the Main Family Medicine Center in Gjilan.*

*"Every day I have the pleasure of meeting new mothers full of love, but also with many questions and uncertainties. It is normal, because being a mother is a new and very sensitive journey," she said. "The thing that makes me happiest is when mothers leave our office calmer, more confident and smiling. My goal is to contribute to the well-being of the mother and the healthy development of the baby by building a relationship of trust and professionalism."*

## HOME VISITING PROGRAMME

- Working with the Ministry of Health and UNICEF, AMC coordinated training of nurses and midwives participating in the program
- More than 35,000 home visits conducted by trained midwives and nurses to support pregnant women, new parents, infants and toddlers
- 11% of children who received home visits were from Roma, Ashkali and Egyptian communities
- Visits promoted healthy pregnancies and strong early childhood development
- Participating families were linked to essential services.



# BUILDING STRONG FOUNDATIONS FOR MOTHERS AND CHILDREN

## GROUP CARE FOR PARENTING

Working with the Ministry of Health and UNICEF, Group Care for Parenting was launched in Rooms for Health Education and Promotion in 17 Main Family Medicine Centers, offering guidance and support to 287 new parents.



## BREASTFEEDING PROMOTION & SUPPORT

The World Health Organization and UNICEF recommend exclusive breastfeeding for the first six months of life. In Kosovo, rates remain low — only 29% of infants under six months were exclusively breastfed, according to the 2020 Multiple Indicators Cluster Survey (MICS) survey.

In 2025, AMC:

- Partnered with La Leche League Kosova for dedicated breastfeeding sessions
- Unveiled a public mural in Prishtina for World Breastfeeding Week



*"I can say with confidence that it was one of the most valuable things I did for myself and my baby. Breastfeeding is not always easy, but because of that session, I was prepared for real challenges such as pain, proper latch and the importance of continuing. I am grateful I did not give up during difficult moments, because now I see how precious this bond is between me and my baby." – Breastfeeding session participant Vlera Morina.*

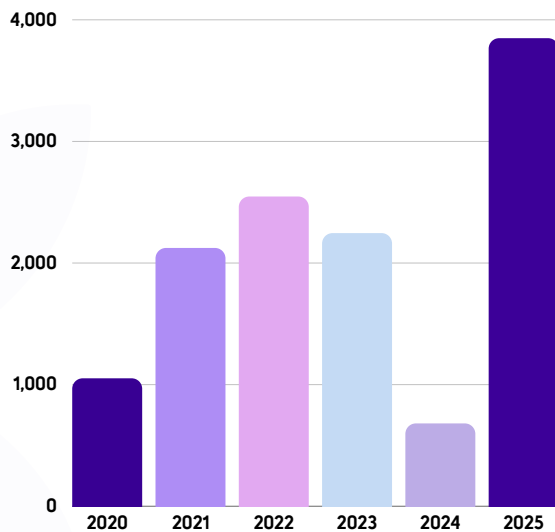
**By equipping mothers with knowledge and support, AMC is helping more newborns get a healthier start.**

# IMPROVING HEALTHCARE FOR WOMEN AND CHILDREN

Cervical cancer, sexually transmitted infections (STIs) and breast cancer remain significant public health challenges in Kosovo. In 2025, AMC worked with partners to expand prevention, strengthen early detection and improve care for women across the country.

In collaboration with the Directorate of Health in the Municipality of Prishtina, as well as the University Clinical and Hospital Service of Kosovo (SHSKUK) and the UCCK – Clinics of Thoracic Surgery and Oncology, AMC produced a Breast Cancer Guide for residents of the city, raising awareness about the disease, promoting early detection and providing guidance on accessing health services.

With support from UNFPA, AMC leads the K10 Coalition, a network of civil society organizations working to strengthen sexual and reproductive health advocacy, prevention and services nationwide. Members: Artpolis; Association for Health Education and Development (AHED); Balkan Sunflowers Kosova (BSFK); Center for Counseling, Social Services and Research (SIT); Kosovo Obstetrics and Gynaecology Association (KOGA); Peer Educators Network (PEN); Health for All; Kosova Population Foundation (KOPF); Kosovo Women's Network (KWN); Patients' Rights Association in Kosovo (PRAK); Association of Kosovar Adolescents; Roma in Action (RIA); YMCA.



## CERVICAL CANCER SCREENING & OUTREACH

- 3,849 free Pap tests provided across six municipalities with technical support from AMC
- 35,292 women reached through SMS messages promoting screening and early detection.
- 166 women participated in educational lectures on Pap testing.

## STI AWARENESS, PREVENTION & CLINICAL SUPPORT

- 38 healthcare providers from 18 Main Family Medicine Centers trained on STI awareness and prevention
- 781 women and teenagers participated in education sessions in Fushë Kosovë and Obiliq
- Public awareness campaign included an educational video, brochures and a 10-week social media series
- 21,600 condoms distributed across 17 municipalities through Women's Health Resource Centers and the University Clinical Center of Kosovo (UCCK)
- 10 electrocautery machines delivered to regional public hospitals and UCCK, enabling outpatient treatment of STIs, including HPV-related lesions



# IMPROVING HEALTHCARE FOR WOMEN AND CHILDREN

## K10 Coalition Activities

Through the coalition, AMC worked with partners to expand education, prevention and support services:

- World Health Day: AMC held yoga and nutrition sessions for pregnant women in Prishtina and Lipjan
- Condom Distribution (with KOPF): 720 condoms distributed through Mothers' Classes in 2025, with additional condoms and STI materials shared in nightlife venues in Prishtina in early 2026
- Breast Cancer Support (with UNFPA): Breast prostheses valued at €5,000 donated to JETA/VITA for women treated for breast cancer
- HPV Education (with UNFPA): Nearly 100 parents and students received education on HPV vaccination and cervical cancer prevention
- FemArt Festival (with Artpolis): AMC supported FemArt 13, one of the largest feminist festivals in the Balkans, and participated in activities focused on postpartum depression

## CYSTIC FIBROSIS CARE

AMC supported regional knowledge exchange and collaboration to improve care for children living with cystic fibrosis by contributing €500 to the Southeastern European Conference (SEEC 2025), organized by Cystic Fibrosis Europe and hosted for the first time in Pristina

# ADVANCING EQUITABLE DIABETES CARE

Hundreds of children in Kosovo live with Type 1 diabetes and rely on daily insulin and around-the-clock blood glucose monitoring to stay safe. Managing this chronic condition requires lifelong treatment.

Frequent finger-pricks, multiple daily injections and constant monitoring can take a heavy physical and emotional toll. For parents of children with Type 1 diabetes, the fear of sudden, dangerous highs and lows can affect every aspect of daily life.

Modern diabetes care can save lives, reduce the risk of complications and give pediatric diabetes patients a chance to have a more normal childhood. But these technologies remain financially out of reach for many families in Kosovo.

In 2025, AMC:

- Provided insulin pumps and supplies for 10 children, totaling more than €50,000
- Launched an advocacy campaign and public petition to include insulin pumps and continuous glucose monitors (CGMs) on Kosovo's Essential List of Medical Supplies



**Receiving an insulin pump gave 13-year-old Jara Hasolli freedom to live fully and brought her family a sense of relief and reassurance.**

*Her mother, Lumnije Sylejmani Hasolli, shared:*

*"Jara was a healthy and active child. When she was diagnosed with diabetes, it was shocking for our family. Today, the insulin pump has made her life and activities easier. It has also brought ease to us as parents. I feel proud and wholeheartedly thankful to everyone who contributed."*

**No child's access to essential care should depend on family income. AMC is working to close that gap.**



## UNITING COMMUNITIES FOR MOTHERS AND CHILDREN

In 2025, AMC supporters in Kosovo and the diaspora came together to sustain vital programs, raising crucial funds for maternal and child health initiatives:

**€40,000+**

Let's Dance, Prishtina

**€50,000+**

Save a Life, Zurich

**€20,000**

Cycle Kosovo for Children

**€6,000**

Meet us Halfway, New York

AMC's Teshavesha charity thrift shops received about 23,000 kilograms of donated clothing and goods and generated €41,000 in sales, transforming community generosity into sustainable funding for maternal and child health programs.

Together, these initiatives showcase the remarkable impact of community-driven philanthropy, proving that collective action can change lives.





# PARTNERSHIPS THAT BROUGHT CHANGE

AMC's partners bring expertise, dedication and a shared vision for healthier communities. Together, we turn challenges into solutions, supporting healthcare professionals, strengthening services and touching the lives of countless families.

*"AMC has been our trusted partner for more than a decade, ensuring every donation of medicine reaches the right facility, the right clinician and ultimately, a baby in need, at the right moment."*

**Dmitriy Popov, associate director of Eurasia partnerships at Americares**



- Municipality of Deçan
- Municipality of Dragash
- Municipality of Ferizaj
- Municipality of Fushë Kosovë
- Municipality of Gjakovë
- Municipality of Gjilan
- Municipality of Glogoc
- Municipality of Hani i Elezit
- Municipality of Istog
- Municipality of Junik

- Municipality of Kaçanik
- Municipality of Kamenicë
- Municipality of Klinë
- Municipality of Lipjan
- Municipality of Malishevë
- Municipality of Mamushë
- Municipality of Novobërdë
- Municipality of Obiliq
- Municipality of Pejë
- Municipality of Podujevë

- Municipality of Prishtinë
- Municipality of Prizren
- Municipality of Rahovec
- Municipality of Shtërpcë
- Municipality of Shtime
- Municipality of Skënderaj
- Municipality of South Mitrovica
- Municipality of Suharekë
- Municipality of Viti
- Municipality of Vushtrri

# TOGETHER FOR HEALTHIER FUTURES

AMC's mission to improve healthcare for women and children across Kosovo is made possible by the generosity of donors and sponsors whose support fuels life-changing programs and delivers hope when it is needed most.

*"I have been involved with philanthropy for 50 years in the U.S. and in developing countries, and AMC is by far among the very best and most impactful organizations I have ever encountered. It is an honor and a joy to support their work."*

**Michael Gold, managing director of Crimson Capital**



**lukajfoundation**

**Crimson CAPITAL**



**Coca-Cola HBC Kosovo**

**NEPTUN**



**FINCA®**



**Banka Ekonomike**



**SIGAL IG Insurance Group**

**ACIBADEM**  
A CLASS HEALTHCARE SERVICES



**AMF CAPITAL AG**



**NLB Banka**



**Meridian express**



**PRIME ENT'S**



**UKITES by pbc**  
The way IT works



**Limak KOSOVO**



**BPB**  
Banka e vendit tënd



**bbros**



**SPAR**



**KRK**  
Kreditimi Rural i Kosovës



**BESAPHARM**



**BESASEcurity**  
KOMPANIA E SIGURIMIT / SECURITY COMPANY



**RSR KOSOVO**



**KEP**

**SpitexDona**



Rotary Club Gjakova

**MULTINET**  
communication



**ANROTEC**  
ENERGIETECHNIK



**Qumështorja vita**



**shtëpiaku**  
Real Estate Management | Real Estate | Digital Marketing

**albinfo.ch**  
AKTUALITETI I SHOQIPTAREL NË ZVICËR



**MENTOR & MICHELLE AHMETI**

**YLFETE FANAJ**

**ERMONELA JAHO**

**FADIL BERISHA**



# TOGETHER FOR HEALTHIER FUTURES

**Because every baby counts, every mother matters!**

Your support ensures that women and children have access to the care, education and services they need to thrive.

## How to Help?



### Donate

Support AMC programs directly. Find ways to give at [www.AMCHHealth.org](http://www.AMCHHealth.org)



### Sponsor

Partner with us on an event or project. Contact us at [info@amchealth.org](mailto:info@amchealth.org)



### Volunteer

Join our mission! We welcome students, researchers and everyday changemakers.



Make a difference by running a marathon, cycling with friends, or organizing a local event to benefit mothers and children.



Donate or shop at our Teshavesha shops to support AMC programs while promoting reuse and sustainability.



Keep up with our work by following us on our social media platforms <https://linktr.ee/amchealthkosova>